

Adopt a Dog

PETS NEEDING A NEW HOME



▲ **Bill, ID 49176**

Bill, a young English pointer, loves cuddles. Pointers are ideal for active families or energetic people looking for a companion dog. They are known to be gentle and fun-loving. Bill has had basic obedience training.



▲ **Felice, ID 40967**

Felice, a sighthound-American bulldog cross, is an 18-month-old female who is happiest when hanging out with other canines. She is intelligent and responds quickly to training.



▲ **Phoebe, ID 38650**

Phoebe, a greyhound, has made the transition from racing to pet life in no time. She is quiet and gentle, letting nothing faze her. She enjoys the company of other dogs – while in her first foster home, she lived with Sammy, an energetic young dog, with whom she spent many happy hours playing.

How to save these dogs

■ Here's your chance to provide a new home for unwanted pets with the help of Pedigree and PetRescue, a not-for-profit organisation that brings together more than 450 rescue groups. PetRescue is Australia's only national, searchable, online directory of rescued animals and has saved more than 34,000 animals since 2004.

For more details on any of these dogs, go to

www.petrescue.com.au and enter the dog ID number.



▲ **Sandie and Pepper, ID 50079**

Collies Sandie and Pepper, 3½, are looking for a home together. Sandie is a shy female with a sweetness in her eyes that will melt your heart. Pepper, a fun-loving, outgoing male, relishes being the centre of attention.

▶ **Renn, ID 48320**

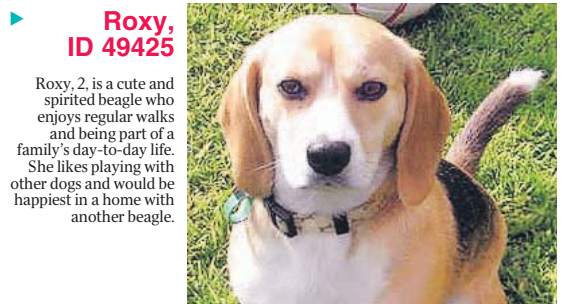
Renn, 7 months, is a male kelpie cross who needs a permanent home after being rescued from a pound.

This affectionate animal loves other dogs and would suit a home where he would not be left alone for long periods.



▲ **Kylie, ID 50094**

Kylie, 3, is short in stature, but big on affection. A quiet Jack Russell, she has had basic obedience training and would make a wonderful family pet.



▶ **Roxy, ID 49425**

Roxy, 2, is a cute and spirited beagle who enjoys regular walks and being part of a family's day-to-day life. She likes playing with other dogs and would be happiest in a home with another beagle.



◀ **Diamond, ID 49597**

Diamond is an observant dog who enjoys going for walks and taking in his surroundings. This big greyhound likes to be part of the action – he'll talk to you if he thinks you're ignoring him. Diamond would benefit from more obedience training.

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The PEDIGREE Adoption Drive® 

We're for dogs.®

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It is a privilege to be able to give these great pets a second chance by acting as "matchmaker" between them and their new families. Pedigree® is joining PetRescue to raise the awareness of adoption and the rescuing of unwanted dogs through its Pedigree® Adoption Drive campaign at www.pedigreeadoptiondrive.com.au, where consumers can adopt a dog, donate to PetRescue and buy Pedigree® merchandise, with proceeds going direct to PetRescue. Also, when you buy Pedigree®, the brand will make a donation to PetRescue to help it continue its fantastic work.

COOKIE Mastiff cross

PetRescue ID: 50052
Cookie may just be your new family member. Great with people as well as with other dogs, Cookie is an obedient boy who walks well on lead. He loves to spend time inside with his family and when outside will require secure six-foot fencing.



DAKOTA Border Collie

PetRescue ID: 50231
Border Collies are known for their intelligence and Dakota is no exception. Just over a year old, she is a gorgeous girl who is looking for an owner who can help build her confidence. Like any working breed, Dakota will need a family prepared to commit to a daily exercise routine but she will definitely be worth the effort.



SHEBA Cattle Dog cross

PetRescue ID: 50162
Lovely and lively describes me perfectly! At only four months, I'm extremely playful and always on the go. With an easygoing nature, I'd make a great family dog. All the effort you put in now will ensure that I grow into a loyal and obedient dog in the years to come.



WUBBZY Neapolitan Mastiff cross

PetRescue ID: 49703
With his big droopy eyes, Wubbzy can be your very own Scooby Doo. At 60kg, he is a gentle giant, but as a big boy he will need an owner who is physically strong and understands his needs.



CHARLIE Kelpie cross

PetRescue ID: 50263
Here's a boy guaranteed to welcome you home every day with a huge smile! Charlie is a very friendly, energetic and affectionate boy who will sit for treats and looks to his walker for further instructions. He's an independent thinker and will be a wonderful pet.



CHARLIE Toy Poodle

PetRescue ID: 49914
A gentle little lady of eight years, Charlie is looking for a quiet home to spend her retirement years. Gentle and loving, she will make an ideal companion for someone.



TASHI Jack Russell cross

PetRescue ID: 48788
A sociable little fellow, Tashi is great with children and loves the company of other dogs. Well trained, he loves going for rides in the car and cuddling up on the lounge.



JACK AND CHELSEA Cattle Dog cross

PetRescue ID: 49689/49690
Looking for a couple of best mates? Jack and Chelsea are too! Friendly and well-behaved, six-year-old Jack and four-year-old Chelsea have been together most of their lives and would love to bring double the joy to a new home.

Find out more about us at www.petrescue.com.au

Scraps are not healthy for pets

PET VET DR JULIE SANDERSON



A GOOD diet is the basis for good health and while most mammals - including humans - share a basic framework of nutritional needs there are some important differences, which means even the best human food still isn't right for dogs and cats.

Cats need solid meat-based diets and dogs need more calcium than humans do. And while they share many anatomical similarities, nutritionally dogs and cats have different requirements too - so they shouldn't be sharing their food either.

Cats, in particular, won't stay healthy for long eating dog food as it doesn't have enough animal protein and animal fat in it. Cats are scientifically classified as pure carnivores while dogs belong to a subset called omnivores which means they can eat a wider variety of food than cats. Commercial cat food contains higher amounts of meat-based protein than the dog food does.

Breakfast cereal ads are always telling us that carbohydrates mean energy. This is true for humans and, to some extent, dogs but cats are a bit more complicated. The metabolism of an adult cat prefers to use protein rather than carbohydrates as the main energy source.

Starting out, kittens require about 50 per cent more protein than a puppy and by the time they are adults, a cat requires twice as much protein as a dog.

There are several reasons for this. Cats require their diet to contain four specific protein-based components: arginine, taurine, methionine and cystine. These are four of the amino acids, the building blocks of protein. They are found in animal tissues, not just the muscle meat but other tissues as well. Cats can't make their own, they need to eat animal protein to get an adequate supply.

Another reason for a cat to eat an animal-based diet is the kind of fat it needs to consume. While a dog can do quite well with plant-based oil in its food, such as olive oil, a cat has a higher nutritional requirement for animal-based fat.

There are also numerous other nutrients such as certain vitamins which are contained in animal flesh which a cat must eat to remain healthy. A cat diet should be based on animal protein and contain the correct balance of all its nutritional needs but not in excess - a fat cat is not a healthy cat either.

Balancing a dog's diet is not much simpler, it just involves slightly different ingredients.

The finer points of balancing all the trace elements, vitamins, minerals, protein, carbohydrate and fats they need is quite complicated and feeding pets with a plate of scraps is no longer considered an adequate diet.

The complications are the reason vets often recommend feeding high-quality commercial food over a homemade food which can easily miss the mark.

vetpet@thesundaymail.com.au



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>Marrickville
A free CD

MARRICKVILLE Council wants to improve disabled access to buildings in its area. The council has joined forces with the Australian Human Rights Commission and will hand out a free CD, entitled *The Good, The Bad And The Ugly*, to every person who makes a development application to construct or renovate a commercial building. The CD will also come with a letter from Disability Discrimination Commissioner Graeme Innes and Marrickville Mayor Sam Iskandar which explains the importance of providing good access for people with a disability.

>Western Sydney
\$8m spent

WESTERN Sydney councils have spent almost \$8 million on amenities with money from federal government stimulus packages. Playgrounds, picnic shelters, park seats, public toilets, change rooms, footpaths and tennis courts have been upgraded. Up to 120 small projects are finished in Bankstown, Blacktown, Campbelltown, Auburn, Fairfield, Penrith, Parramatta, Liverpool and Canterbury council areas. Further projects worth \$2.2 million will end next month and building will begin on new buildings and major upgrades in January.

Tim Tams out, worm farm in

By CARMEL MELOUNEY

IT'S the historical hub of Sydney, but the 130-year-old Town Hall is about to get a very modern green makeover.

The City of Sydney has an ambitious plan to turn its offices at Town Hall House into an eco-friendly structure with solar panels on the roof, a water recycling system and, to top it all off, a huge worm farm.

More than 70,000 worms will be housed in a six-square-metre farm within the building so food scraps can be disposed of organically.

Council staff will feed the worms peel from vegetables and fruit, tea bags, coffee grounds and paper.

Volunteers will maintain the farm.

A council spokeswoman said the farm could potentially deal with all the building's food waste.

"It will reduce the amount of City of Sydney waste to landfill, improve our ecological footprint by reducing methane emissions and educate staff and other businesses about worm farms and encourage them to install them," the spokeswoman said.

"It will be capable of processing up to 350kg of mixed organic waste a week while occupying just six square metres of space."

Small-scale worm farms are already in operation at other City of Sydney facilities, including the Ultimo Community Centre.

The idea came from the council's waste and sustainability team, which



was asked to look for green opportunities as part of the Sustainable Sydney 2030 strategy.

In other moves, the roof of Town Hall House will soon be lined with solar panels, providing 4 per cent of the building's energy needs. The project is designed to set an example for the provision of renewable energy in historic buildings across Sydney.

Town Hall House will also be the site of a demonstration tri-generation plant as part of plans to create a low-carbon precinct in the

CBD, with the council aiming to develop a network of "green transformers" to provide tri-generation, renewable energy, alternative waste technologies and a total water cycle strategy for the building.

The council also buys 100 per cent green power and offsets for the heritage-listed building and encourages staff to reduce energy consumption and be environmentally friendly.

It has removed Tim Tams and other food deemed ethically questionable or not sourced locally.

Meet Flash Nick

FAIRFIELD residents who don't know mayor and Cabramatta MP Nick Lalich need only to check the council newsletter.

The latest edition features not one, but 12 photographs of the mayor in only 16 pages.

Cr Lalich is seen eating at a restaurant, visiting a library, picking up rubbish, inspecting a driveway and giving the thumbs up.

On one page, he features in three separate photographs.

The quarterly newsletter is distributed to residents and businesses across the western council's area.

Cr Lalich has made a habit of featuring prominently in the newsletter — 12 times in the March edition, 11 times in December, nine times in September and 10 times in the previous edition.

He said effort was made to provide a mix of articles, with topics that appealed to all community sectors.

"The stories and articles constitute a range of council initiatives and, as mayor, I attend many events," he said. "Community members and councillors are also invited to attend these events."

To the Rescue

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This week's dogs ...



TOBY
JAPANESE SPITZ

PetRescue ID 50135

This four year old fluff-ball has a quiet and gentle nature and would make a perfect family pet. His beautiful coat is deceptively low-maintenance and very cuddle-friendly.



EDDIE
SILKY X

PetRescue ID 50060

Cute Eddie is a friendly little fellow who loves dogs and people. His nine years does not hold him back at all. He is bright and active with a lovely calm nature. An ideal companion.



MARIGOLD
GREYHOUND

PetRescue ID 49118

If you are a second too slow you are not wanted anymore. This beautiful girl is now looking for a loving family life to suit her quiet and affectionate personality.



OLIVER
GREAT DANE X

PetRescue ID 49310

Oliver has impeccable house manners, which is good when you're especially big! He is a very gentle and loyal family pet who gets on well with people and other dogs.



CHARLIE
CATTLE DOG

PetRescue ID 41496

Charlie is a social and bright young boy with a beautiful disposition. He would make an ideal running partner and a great addition to any family willing give him cuddles.



MURPHY
KELPIE X

PetRescue ID 50056

Like any loving dog Murphy just loves to have his belly rubbed. An ideal home for this friendly and happy-go-lucky pup would be one where he is included in family activities.



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Best on Foxtel



MOVIE OF THE WEEK

THE EDGE OF LOVE

FRIDAY, 8PM, MOVIE ONE
DRAMA ★★

The stars: Keira Knightley, Sienna Miller, Matthew Rhys, Cillian Murphy

The story: The youthful passions of charismatic poet Dylan Thomas (Rhys) ignite in a tale of love, friendship and war, boosted by some serious star power. From Blitz-torn London to the beautiful Welsh countryside, it's evocative and powerful. The knockout combination of Knightley as the poet's childhood friend and first love Vera, and Miller as his free spirited wife Caitlin is the big drawcard. The two "It Girls" of Brit cinema play off each other beautifully. They are rivals in romance who become great friends, living life to the full in 1940s London. When Vera adds a military beau to the volatile mix, things take a turn for the worse.

The verdict: Two stunning leading ladies steal the show in a handsomely filmed period piece.

MOVIES

THE HAPPENING

SUNDAY, 8PM, SHOWTIME

Writer director M. Night Shyamalan again fails to live up to the promise of *The Sixth Sense* and *Unbreakable* in this thriller, which garnered monstrous reviews. Mark Wahlberg and Zoëy Deschanel star as a married couple fleeing an invisible apocalyptic killer. There are actually few surprises in this exercise, so we'll let you discover for yourself just what form the scary stuff takes.

OVER HER DEAD BODY

SUNDAY, 8PM, MOVIE ONE

Hollywood has a proud record with supernatural romances – think *Blithe Spirit* and *Heaven Can Wait* – but this recent effort with gorgeous *Housewife* Eva Longoria Parker stiffed at the box office. Parker plays a bride-to-be who dies on her wedding day. When her grief-stricken groom (Paul Rudd) falls in love with his psychic, the spook turns spiteful.

THE KING OF KONG

WEDNESDAY, 8PM, SHOWTIME

A science teacher and a hot sauce mogul vie for the Guinness World Record on the classic arcade game *Donkey Kong*. It's an utterly strange but beguiling documentary. Sad sack Steve Wiebe and Gamer of the Century Billy Mitchell engage in a cross-country duel to see who can set the highest score and become The King of Kong. The results are hilarious, touching and bizarre. The movie has even been parodied on *South Park* and *My Name is Earl*.

SCENT OF A WOMAN

SATURDAY, 8PM, SHOWTIME GREATS

Al Pacino won his first Best Actor Oscar for his right-on portrayal of a blind retired Lieutenant Colonel who hires a young helper (Chris O'Donnell). Both the overbearing military man and the youngster learn big life lessons as they embark on a wild weekend trip that will change them forever. Gabrielle Anwar plays the winsome love interest and dances the famous waltz with Pacino.

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JESSIE
HEELER X

PetRescue ID: 48831

I am a sweet and smoochy girl with a happy go lucky nature. I will make a lovely family dog to an active home, preferably without cats! I need daily exercise to make me happy.



MISS LUCY
MALTESE X

PetRescue ID: 49923

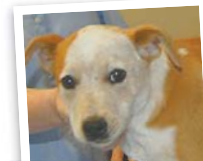
I am a sweet little lady who can be quite energetic. One of my favourite pastimes is sitting in your lap and licking your face. I am also quite active and love lots of walks.



KEV
HEELER X

PetRescue ID: 49928

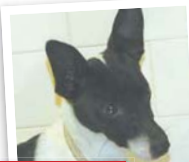
I am a lively young lad who is true to my working breed ancestry. I am looking for an active and experienced home who will be able to give me play, training and exercise.



DAVEY
STUMPY TAIL HEELER

PetRescue ID: 49929

Davey is a very unusual stumpy tailed heeler with a lovely temperament. He is an extremely affectionate boy when he gets to know you, and will be a loyal and devoted friend for life.



WINDIE
FOX TERRIER X

PetRescue ID: 48823

Such a pretty and sweet little thing! For a tiny little dog, Windie has an awful lot of love to give. Windie is a gentle soul looking for home where she can be loved forever.



SMOKEY
HEELER MIX DOG

PetRescue ID: 49927

I am an easy-going older girl. I have a sweet and loving nature and I can be little shy at times, but I'm worth getting to know, because under my quiet exterior, I'm a devoted companion.

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